

GIRLS INC. OF ORANGE COUNTY + SOCIAL EMOTIONAL LEARNING

Social and emotional learning (SEL) is the process through which youth (and adults) learn and apply the knowledge, skills, and attitudes necessary to develop healthy identities and manage emotions to achieve personal and collective goals. Girls Inc. of Orange County (GIOC) is committed to working with girls to reach their fullest potential physically, academically, and emotionally. **Results show...**

girls inc.

of Orange County



Girls Inc. of Orange County
has provided SEL programs
for over

68 years



15 schools

are receiving GIOC's SEL
in-school programming
this Fall

Social Emotional Learning & COVID-19

COVID-19 has significantly impacted the girls we serve. They feel uncertain about their futures and feel lost trying to manage their mental health. Girls Inc. of Orange County has developed curriculum to help girls through this uncertain time.

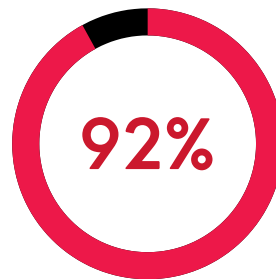
100%

of GIOC participants know how to
overcome stresses caused by the
pandemic

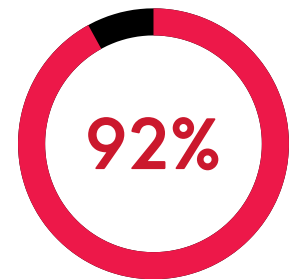


46 SEL workshops

held on Zoom for K-12th grade
girls across Orange County.
during the 2020-21 school year.
Topics included: mindfulness,
confidence, self care, and more!



of GIOC participants are
able to identify positive
ways to process their
experiences and
emotions



of GIOC participants
are able to recognize
the cause and effect
relationship between
community action and
emotional wellbeing

Did you know?

Girls Inc. of Orange County's most popular SEL
program is called Confidence BoostHER!